

The By-Pass

Triangle Area Ostomy Association

Affiliated
with...



OUR MISSION: To provide emotional support and educational opportunities for persons who have had an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by donating supplies to underprivileged ostomates in foreign countries.

May 2016

President's Message:

At our April meeting, we met FIVE prospective new members. Wow! I believe that may be an all-time record for one meeting. Hopefully, all will return for our breakout venture on Tuesday, May 3rd.

I heard many complimentary comments on our speaker Angela Joyner. Some folks were able to obtain free samples from her as well. My thanks to Stephanie Yates for setting this up. Concerning free samples, I just receive a whole packet of such from the National Organization. I will be bringing them to the meeting for you to partake of them.

As I mentioned previously, our breakout meeting is next. It has been very popular and useful to our members and loved ones. Please come to the meeting prepared to share ideas and concerns you have about your ostomy. I would love to break an attendance record for one of these which I believe was 44 members, loved ones, and nurses attending.

See you on the 3rd!

Respectfully,
Sam DeAngelo

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CALENDAR OF EVENTS:

May	3	TAOA Meeting, Rex, 7:15 pm
May	4	Star Wars Day
May	6	National Nurses Day
May	8	Mother's Day
May	10	TBC Meeting Chapel Hill, 7 pm
May	15	CCFA Meeting Rex, 7:30 pm
May	30	Memorial Day

MAY BIRTHDAYS

Joanne Flemming	May 10
Reuben Gratsky	May 13
Blanche Bahamonde	May 21
Billy Adams	May 30

Let us know your Birthday so we can celebrate it with you!

NEWS AND UPDATES

Upcoming Programs

- The May meeting will be our break out session
- Be sure to check out this link <https://www.youtube.com/watch?v=QUEPwYEvbis> to find a link to a video that Lara Leinenger and Angela Richardson made for us! It demonstrates the exercises they taught us in the February meeting.
- If you know of an event that you think TAOA would benefit from setting up a information table, please let Dan Richards know.



TAOA MEETING INFO:

MEETING:

The first Tuesday of the month, September – June.
Time: 7:15pm NO meeting in July or August.

LOCATION:

Rex Hospital, 4420 Lake Boone Tr., Raleigh, 27607.
From the parking deck use the Main Entrance.
The meeting is in the main waiting room on the left.

INCLEMENT WEATHER POLICY:

If the Wake Co. Schools are closed due to weather conditions, there will be NO meeting that evening.

To verify a cancellation call Rex Hospital at 919-784-3100.



WOC NURSES

Wake Med

Leigh Ammons 919-350-7668
Melanie Johnson 919-350-7668
Debbie Orr 919-350-7668

Wake Med Cary

Joanna Burgess 919-350-5231

UNC Hospital

Donna Brickman 919-843-9234
Juliet Idiabonya 919-843-9234
Lisa Jenkins 919-843-9234
Barbara Koruda 919-843-9234
Lara Leininger 919-843-9234
John Maotko 919-843-9234
Donna Partin (outpt) 919-966-9344
Janet Rankin 919-843-9234

Duke Regional

Tom Hobbs 919-470-7215
Felicia Street 919-470-6145

Duke

Ronda Bowles 919-681-4678
Jane Fellows 919-681-7743
Penny Jones 919-688-0125
Michelle Rice 919-681-2436
Angela Richardson 919-684-9954
Leanne Richbourg 919-681-6694
Stepahnie Stokes 919-681-1785
Stephanie Yates (outpt) 919-613-2035
Mary Ann Whaley 919-613-5583

Duke Raleigh

Amanda Eltz 919-954-3725
Krys Dixon 919-954-3446

Maria Parham Hospital

Kathy Thomas 252-436-1700

Durham VA Medical Center

Reba Giles 919-286-0411 X 6177
Sara Harbison 919-285-0411 X 5297

Rex Hospital

Angela Joyner 919-784-2048
Rachel Breazeale 919-784-2048
Teri Ourada 919-784-2048

GROUP OFFICERS AND CONTACT INFO

President: Sam DeAngelo 919-608-5581 or 716-640-3975
Vice President: Dan Richards 919-624-3075
Treasurer: Ruth Rhodes 919-782-3460
Secretary: Sandy Everette
Editor: Dan Richards 919-624-3075
Webmaster: Ed Withers 919-553-9083
FOW Coordinator: Jeff Burcham 919-847-9669
Visitor Coordinator: Stephanie Hughes 919-480-1172
Prof. Advisor: Stephanie Yates 919-613-2035

All officers are available for member support

Visit www.triangleostomy.org

TAOA ANNUAL DUES POLICY

THE ANNUAL STATEMENT FOR DUES is issued every June in the BY-PASS Newsletter.

PAYMENT IS DUE between June and August 31. Please use TAOA Member form to update information.

NOTIFY TREASURER if payment must be delayed or if Dues are not affordable (Confidential).


IF NO RESPONSE by the September meeting, your membership will expire.

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.

TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)


TAOA is a local chapter affiliated with The United Ostomy Associations of America, Inc. Membership includes ostomates, nurses and friends who support our mission. New members are always welcome. Members receive a subscription to our monthly newsletter, The BY-PASS. Annual dues support TAOA and UOAA. If dues are not affordable, a courtesy membership can be arranged. (This information is kept confidential.)

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Reference: 1. Survey of 171 ostomates. JM, Colby W, Hays P, et al. ConvaTec. Multicenter Evaluation of the First Ever One-Piece Moldable Technology Pouch presented at 27th Int'l Ostomy Conf. June 2005. *Wound and Ostomy Nursing. © 2014 ConvaTec Inc. #104115-AM



**Duke Raleigh Hospital
Ostomy Clinic**

Contact Krystyna Dixon, BA, RN, CWOCN, CFCN for an appointment. MD referral is required.

Wound Healing Center
Medical Office Building 6
3320 Wake Forest Road
Raleigh, North Carolina 27609

919-954-3446

Duke Raleigh Hospital
DUKE UNIVERSITY HEALTH SYSTEM

**TRIANGLE BLADDER CANCER
SUPPORT GROUP**

Date: Second Tuesday of the Month
Time: 7 pm – 8:30 pm
Place: Carolina Pointe, Chapel Hill, NC
Contact: David Langham
919-948-0589
trianglebcs@gmail.com
www.trianglebcs.com

**CCFA CROHN'S & COLITIS
FOUNDATION OF AMERICA**

CCFA SUPPORT GROUP

Date: Third Monday of the Month
Time: 7:30 pm – 9:00 pm
Place: Rex Healthcare
Contact: Reuben Gradsky
gutcheckrdu@gmail.com

The Phoenix
The official publication of UOAA

The Phoenix is the leading national magazine for ostomates, their families and caregivers. Each issue contains 72 pages of inspiration, education and information including new products, medical advice, management techniques, personal stories and more.

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06/09/09 HAO

TAOA MINUTES OF THE APRIL 5, 2016 MEETING

Social/Refreshments: 7:15 pm. Our thanks to Ed and Sonya Withers for providing the refreshments for all to enjoy.

Meeting Called to Order: President Sam DeAngelo welcomed 20 attendees including 8 new visitors. There was no formal business this month.

Program: Stephanie Yates introduced guest speaker, Angela Joyner, BSN, RN, CWOCN of Rex Hospital. Angela spoke about Ostomy Accessories, presenting the What, When, Where and How for using different ostomy products. She provided a large table display, demonstrating a variety of products available from the major supply companies. Angela was gracious in answering individual questions and providing specific instructions as needed. This was an excellent “hands on” opportunity for gaining an awareness of many helpful items. A take home summary was provided showing product photos and picturing a demonstration of proper techniques for skin irritations and appliance applications. We are extremely grateful to Angela for this excellent program.

Announcements: On Tuesday May 3rd our meeting will include the favorite “Breakout Sessions”. Ostomates, of each type, will meet in individual groups led by a WOCN. The privacy for discussions will allow you to present anything on your mind. Please join us and take advantage of this “golden opportunity” to hear annoying issues and smart tips from your peers! Refreshments will be provided by Dan Richards. The celebration of National Nurses Day will be on Friday, May 6th. Please be sure to thank a nurse and give thanks for our “Angels of Mercy” who provide professional nursing care to all in need.

Adjournment: 8:45

Respectfully submitted,
Ruth Rhodes, Treasurer



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National Nurses Week

May 6th—May 12

TAOA is proud to support National Nurses Week, May 6th-12th. The theme for the week is “Culture of Safety, it starts with you.” Please be sure to thank the many nurses in our lives.

BEST WISHES TO OUR WOC NURSES AND THANK YOU FOR ALL THE SUPPORT YOU GIVE US.

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TAOA MEMBERSHIP FORM

Please print legibly

Date: _____

Name: _____

Address: _____

Spouse: _____

Phone (Home): _____ (Cell): _____

Email: _____

Newsletter () Email () US Mail Year of Surgery: _____

Type of Ostomy: [] Colostomy [] Ileostomy [] Urostomy
(Ileal conduit) [] Other Type: _____

[] No ostomy/Supporting Member [] Relative [] Friend [] Other

Payment of dues enclosed: \$20 [] CASH [] CHECK [] M.O.

[] I request Courtesy Membership. I cannot pay dues at this time.
(Information is Confidential)

MAIL COMPLETED FORM WITH PAYMENT OF DUES TO:

Ruth Rhodes, Treasurer

8703 Cypress Club Drive, Raleigh, N.C. 27615

8703 Cypress Club Drive
Raleigh, NC 27615



OUR THANKS TO

FOR PROVIDING THE PRINTING OF
THIS NEWSLETTER

NEXT MEETING: Tuesday, **May 3**, 2016 at 7:15 pm, Rex Hospital
PROGRAM: Break Out Sessions by Ostomy Type
Hosted by: Our Local WOCN

