

The By-Pass

Triangle Area Ostomy Association



May 2017

OUR MISSION: To provide emotional support and educational opportunities for persons who have had an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by donating supplies to underprivileged ostomates in foreign countries.

President's Message:

Short message this month since I unfortunately missed the April Meeting due to breaking my elbow (and typing with one hand is hard)! Thanks to Ruth, Stephanie, and everyone who covered for me. I was sorry to miss Dani's presentation on traveling with an ostomy.

May is our breakout sessions so be sure to invite your family and caregivers to attend. I will see you there.

Respectfully,
Dan Richards

NEWS AND UPDATES

- Our May meeting will be the breakout sessions. Spouses and caregivers are encouraged to attend.
- Dan Richards has become our new President, leaving the Vice President position open. If you would be interested in taking on either that role or that of Secretary, please let him know at a meeting. We are also looking for help with the newsletter.
- If you know of an event that you think TAOA would benefit from setting up a information table, please let Dan Richards know.

TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a local chapter affiliated with The United Ostomy Associations of America, Inc. Membership includes ostomates, nurses and friends who support our mission. New members are always welcome. Members receive a subscription to our monthly newsletter, The BY-PASS. Annual dues support TAOA and UOAA. If dues are not affordable, a courtesy membership can be arranged. (This information is kept confidential.)

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CALENDAR OF EVENTS:

May	2	TAOA Meeting, Rex, 7:15 pm
May	4	Star Wars Day
May	6	National Nurses Day
May	9	TBC Meeting Chapel Hill, 7 pm
May	14	Mother's Day
May	15	CCFA Meeting Rex, 7:30 pm

MAY BIRTHDAYS

Blanche Bahamonde	May 21
Billy Adams	May 30

Let us know your Birthday so we can celebrate it with you!

NURSES WEEK MAY 6-12, 2017

Happy Nurses Day on May 6th

To our

TRIANGLE WOC NURSES

IN APPRECIATION FOR YOUR PROFESSIONAL SERVICES

TAOA IS CONTRIBUTING A SPECIAL DONATION IN YOUR HONOR

TO FRIENDS OF OSTOMATES WORLDWIDE

TAOA MEETING INFO:

MEETING:

The first Tuesday of the month, September – June.
Time: 7:15pm NO meeting in July or August.

LOCATION:

Rex Hospital, 4420 Lake Boone Tr., Raleigh, 27607.
From the parking deck use the Main Entrance.
The meeting is in the main waiting room on the left.

INCLEMENT WEATHER POLICY:

If the Wake Co. Schools are closed due to weather conditions, there will be NO meeting that evening.

To verify a cancellation call Rex Hospital at 919-784-3100.

GROUP OFFICERS AND CONTACT INFO

Vice President: Dan Richards	919-624-3075
Vice President: Vacant	
Treasurer: Ruth Rhodes	919-782-3460
Secretary: Vacant	
Editor: Dan Richards	919-624-3075
Webmaster: Ed Withers	919-553-9083
FOW Coordinator: Jeff Burcham	919-847-9669
Visitor Coordinator: Stephanie Hughes	919-480-1172
Prof. Advisor: Stephanie Yates	919-613-2035

All officers are available for member support

Visit www.triangleostomy.org

TAOA ANNUAL DUES POLICY

THE ANNUAL STATEMENT FOR DUES is issued every June in the BY-PASS Newsletter. Payment is Due between June and August 31. Please use TAOA Member form to update information. Please notify the treasurer if payment must be delayed or if Dues are not affordable (Confidential). If no response by the September meeting, your membership will expire.

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.

TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month
Time: 7 pm – 8:30 pm
Place: SECU Family House,
123 Old Mason Farm Road
Chapel Hill, NC 27517
Contact: David Langham
919-948-0589
trianglebcs@gmail.com
www.trianglebcs.com

CROHN'S & COLITIS FOUNDATION OF AMERICA

CCFA SUPPORT GROUP

Date: Third Monday of the Month
Time: 7:30 pm – 9:00 pm
Place: Rex Healthcare
Contact: Reuben Gradsky
gutcheckrdu@gmail.com



WOC Nurses

Wake Med

Leigh Ammons	919-350-7668
Melanie Johnson	919-350-7668
Debbie Orr	919-350-7668

Wake Med Cary

Joanna Burgess	919-350-5231
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UNC Hospital

Donna Brickman	919-843-9234
Juliet Idiabonya	919-843-9234
Lisa Jenkins	919-843-9234
Barbara Koruda	919-843-9234
Lara Leininger	919-843-9234
John Maotko	919-843-9234
Donna Partin (outpt)	919-966-9344
Janet Rankin	919-843-9234

Duke Regional

Tom Hobbs	919-470-7215
Felicia Street	919-470-6145

Duke

Ronda Bowles	919-681-4678
Jane Fellows	919-681-7743
Penny Jones	919-688-0125
Michelle Rice	919-681-2436
Angela Richardson	919-684-9954
Leanne Richbourg	919-681-6694
Stepahnie Stokes	919-681-1785
Stephanie Yates (outpt)	919-613-2035
Mary Ann Whaley	919-613-5583

Duke Raleigh

Amanda Eltz	919-954-3725
Krys Dixon	919-954-3446

Maria Parham Hospital

Kathy Thomas	252-436-1700
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Durham VA Medical Center

Reba Giles	919-286-0411 X 6177
Sara Harbison	919-285-0411 X 5297

Rex Hospital

Angela Joyner	919-784-2048
Rachel Breazeale	919-784-2048
Teri Ourada	919-784-2048

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Reference: 1. Study of 97 Stoma Users of Moldable Technology™ One-Piece Pouches. Published in the Journal of Wound Care, Volume 23, Number 10, October 2013. *WoundCareSource/ConvaTec Inc. © 2014 ConvaTec. 2014-10-15



**Duke Raleigh Hospital
Ostomy Clinic**

Contact Krystyna Dixon, BA, RN, CWOCC, CFCN for an appointment. MD referral is required.

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Medical Office Building 6
3320 Wake Forest Road
Raleigh, North Carolina 27609

919-954-3446

Duke Raleigh Hospital
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MINUTES for the TAOA MEETING APRIL 4, 2017

SOCIAL: Jamal Sarsour provided refreshments Including an extra special treat of Baklava. Thanks very much, Jamal, for your enjoyable snacks and for substituting for the vacationing Billy Adams.

MEETING: President, Dan Richards suffered a fall, yesterday, which resulted in a severe break of his left arm. In Dan's absence, Stephanie Yates formally opened the meeting by welcoming the 14 attendees and thanking Jamal for our refreshments.

ANNOUNCEMENTS: 1) Lara Leininger, WOCN, gave more information about the SANDI MCBRIDE SCHOLARSHIP. To receive financial help for attendance of the UOAA Nat'l Conference in August please contact Dan for an application prior the May 1st deadline. 2) Member, Roger Skiff, died March 31st following a declining illness. A sympathy card has been sent to Roger's wife, Norita, and family. 3) Our May 2nd program will be the favorite "Break Out Sessions". Each small group, with the same type of ostomy. will have discussions led by a WOC Nurse. We appreciate the nurses who volunteer their assistance for this program.

PROGRAM: Stephanie introduced member, Dani Osewalt, who gave us a very informative program, "Have Bag Will Travel". Her husband, Rick, presented the slide show. Since Dani received her ileostomy 1½ yrs ago, she and Rick have continued to enjoy their exciting vacations. Dani was able to share her newly acquired ostomy knowledge by offering useful tips: how to pack, what to take, navigating airport security & situations that may be inconvenient to an ostomate. Maintain a good spirit, keep a sense of humor, take more supplies than you may normally need, document all supply and travel information and ENJOY the journey!!! Thanks, Dani, for stimulating our desire to travel with all types of "Bags".

ADJOURNMENT: The meeting adjourned at 8:45 PM. Our next meeting is on May 2nd. Billy Adams will provide our refreshments.

Respectfully submitted,
Ruth Rhodes, Sec./Treas.



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Looking For Your Ideas!

As I said in the President's Message typing with one hand is hard. Instead of laboring over an article with the hunt and peck typing method, I'm going to take the easy way out and have you generate the content for this month's newsletter. What type of content would you like to see in the newsletter? Have any ideas for a program for our meetings? Please write down any ideas or suggestions below and bring them to the next meeting. I can't guarantee that all ideas/suggestions will be used; however, I would love the feedback!

The Phoenix
The Official Magazine of OCAA

The Phoenix is the leading national magazine for ostomates, their families and caregivers. Each issue contains 72 pages of inspiration, education and information including new products, medical advice, management techniques, personal stories and more.

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TAOA MEMBERSHIP FORM

Please print legibly

Date: _____

Name: _____

Address: _____

Spouse: _____

Phone (Home): _____ (Cell): _____

Email: _____

Newsletter () Email () US Mail Birthday: Month: ___ Day: ___

Type of Ostomy: [] Colostomy [] Ileostomy [] Urostomy (Ileal conduit) [] Other Type: _____

[] No ostomy/Supporting Member [] Relative [] Friend [] Other

Payment of dues enclosed: \$20 [] CASH [] CHECK [] M.O.

[] I request Courtesy Membership. I cannot pay dues at this time.

(Information is Confidential)

MAIL COMPLETED FORM WITH PAYMENT OF DUES TO:

Ruth Rhodes, Treasurer

8703 Cypress Club Drive, Raleigh, N.C. 27615

8703 Cypress Club Drive
Raleigh, NC 27615



OUR THANKS TO

FOR PROVIDING THE PRINTING OF
THIS NEWSLETTER

NEXT MEETING: Tuesday, **May 2,** 2017 at 7:15 pm, Rex Hospital
PROGRAM: Breakout Sessions!
Hosted by: Local WOCN

