

The By-Pass

Triangle Area Ostomy Association



November 2017

OUR MISSION: TAOA strives to provide emotional and educational support for those with an intestinal or urinary diversion or who anticipate the surgery. We support The Friends of Ostomates Worldwide (FOW) by contributing ostomy supplies to be shipped to underprivileged ostomates in foreign countries.

President's Message:

I had the opportunity to represent TAOA at the Crohn's and Colitis Foundation Patient Education Day at UNC on October 21. It was a great chance to educate people before they have surgery. Many of them had never seen an appliance before. I believe I eased some minds and let people know to come find us for more education and support should they need it. I also got to meet some members of the Wilmington UOAA group!

Respectfully,
Dan Richards

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CALENDAR OF EVENTS:

| | | |
|-----|----|-------------------------------|
| Nov | 1 | All Saint's Day |
| Nov | 7 | TAOA Meeting, Rex, 7:15 pm |
| Nov | 14 | TBC Meeting Chapel Hill, 7 pm |
| Nov | 20 | CCFA Meeting Rex, 7:30 pm |
| Nov | 23 | Thanksgiving |

NEWS AND UPDATES

- Our November meeting will feature Leane Richbourg, WOCN. She will be giving a presentation on new ostomy accessories. Come on out to learn about all the cool new extras you can get. Just in time to add it to your Christmas list.
- Dan Richards has become our new President, leaving the Vice President position open. If you would be interested in taking on either that role or that of Secretary, please let him know. A volunteer is also needed to assist with newsletter publication.
- If you know of an event that you think TAOA would benefit from setting up a information table, please let Dan Richards know.

NOVEMBER BIRTHDAYS

| | |
|--------------------|--------|
| Sandeep Chawla | Nov 1 |
| Joanna Burgess | Nov 2 |
| Ed Withers | Nov 9 |
| Jessica Ormondryod | Nov 12 |

Let us know your Birthday so we can celebrate it with you!



IF YOU HAVE FORGOTTEN TO PAY
2017-2018 MEMBERSHIP DUES,
PLEASE PAY \$20.00 DUES TO TAOA
WITHOUT FURTHER DELAY!

THANK YOU!!!

TRIANGLE AREA OSTOMY ASSOCIATION (TAOA)

TAOA is a non profit organization dedicated to advancing ostomy health through advocacy, education, and professional interaction. We are an affiliated support group of the The United Ostomy Associations of America, Inc. Membership is open to ostomates, nurses and friends who support our mission.

New members are always welcome. Please refer to the membership form on the last page.

TAOA MEETING INFO:

MEETING:

The first Tuesday of the month, September – June.
Time: 7:15pm NO meeting in July or August.

LOCATION:

Rex Hospital, 4420 Lake Boone Tr., Raleigh, 27607.
From the parking deck use the Main Entrance.
The meeting is in the main waiting room on the left.

INCLEMENT WEATHER POLICY:

If the Wake Co. Schools are closed due to weather conditions, there will be NO meeting that evening.

To verify a cancellation call Rex Hospital at 919-784-3100.



WOC Nurses

Wake Med

Leigh Ammons 919-350-7668
Melanie Johnson 919-350-7668
Debbie Orr 919-350-7668

Wake Med Cary

Joanna Burgess 919-350-5231

UNC Hospital

Donna Brickman 919-843-9234
Juliet Idiabonya 919-843-9234
Lisa Jenkins 919-843-9234
Barbara Koruda 919-843-9234
Lara Leininger 919-843-9234
John Maotko 919-843-9234
Donna Partin (outpt) 919-966-9344
Janet Rankin 919-843-9234

Duke Regional

Tom Hobbs 919-470-7215
Felicia Street 919-470-6145

Duke

Ronda Bowles 919-681-4678
Jane Fellows 919-681-7743
Penny Jones 919-688-0125
Michelle Rice 919-681-2436
Angela Richardson 919-684-9954
Leanne Richbourg 919-681-6694
Katie Smith 919-681-5675
Stepahnie Stokes 919-681-1785
Stephanie Yates (outpt) 919-613-2035
Mary Ann Whaley 919-613-5583

Duke Raleigh

Amanda Eltz 919-954-3725
Krys Dixon 919-954-3446

Maria Parham Hospital

Kathy Thomas 252-436-1700
Durham VA Medical Center

Reba Giles 919-286-0411 X 6177
Sara Harbison 919-285-0411 X 5297

Rex Hospital

Angela Joyner 919-784-2048
Rachel Breazeale 919-784-2048

Group Officers and Contact Info

President: Dan Richards 919-624-3075
Vice Preident: Vacant
Treasurer: Ruth Rhodes 919-782-3460
Secretary: Vacant
Newsletter: Dan Richards 919-624-3075
Webmaster: Ed Withers 919-553-9083
FOW Coordinator: Jeff Burcahm 919-847-9669
Visitor Coordinator. Setphanie Hughes 919-480-1172
Program Coordinator: Stepahnie Yates 919-613-2035
Prof. Advisor: Stephanie Yates 919-613-2035

All Officers are available for member support

TAOA DUES POLICY

Annual Dues provide membership in TAOA & UOAA, INC. Annual Dues Statement appears in the JUNE Newsletter requesting payment. Pay \$20 Dues PRIOR TO AUGUST 1st. See Member Form for details (last page). In appreciation for their support of TAOA, WOCN's & Professional Associates are given courtesy Memberships. (No Dues).

TRIANGLE BLADDER CANCER SUPPORT GROUP

Date: Second Tuesday of the Month
Time: 7 pm – 8:30 pm
Place: SECU Family House,
123 Old Mason Farm Road
Chapel Hill, NC 27517
Contact: David Langham
919-948-0589
trianglebcs@gmail.com
www.trianglebcs.com

CCFA CROHN'S & COLITIS FOUNDATION OF AMERICA

CCFA SUPPORT GROUP

Date: Third Monday of the Month
Time: 7:30 pm – 9:00 pm
Place: Rex Healthcare
Contact: Reuben Gradsky
gutcheckrdu@gmail.com

DISCLAIMER: Articles and information appearing in this newsletter are not necessarily endorsed by the Triangle Ostomy Association and may not be applicable to every individual. Always consult your physician or WOC Nurse for all medical advice.

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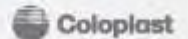


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The Duke Raleigh Hospital Ostomy Clinic offers information, help and support for those living with a stoma.

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919-954-3446

3320 Wake Forest Rd, Suite 100
Raleigh, NC 27609



Duke Raleigh Hospital

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MINUTES TAOA MEETING OCTOBER 3, 2017

SOCIAL: Refreshments were served by Dani Osewalt and Ginny Evett. Their delicious snacks and beverages were enjoyed by all as we greeted old friends and new visitors.

MEETING: President Dan Richards called the meeting to order at 7:30 P.M. Dan thanked Dani and Ginny for providing our refreshments this evening. He welcomed two visitors to the meeting along with 12 members and four WOC Nurses.

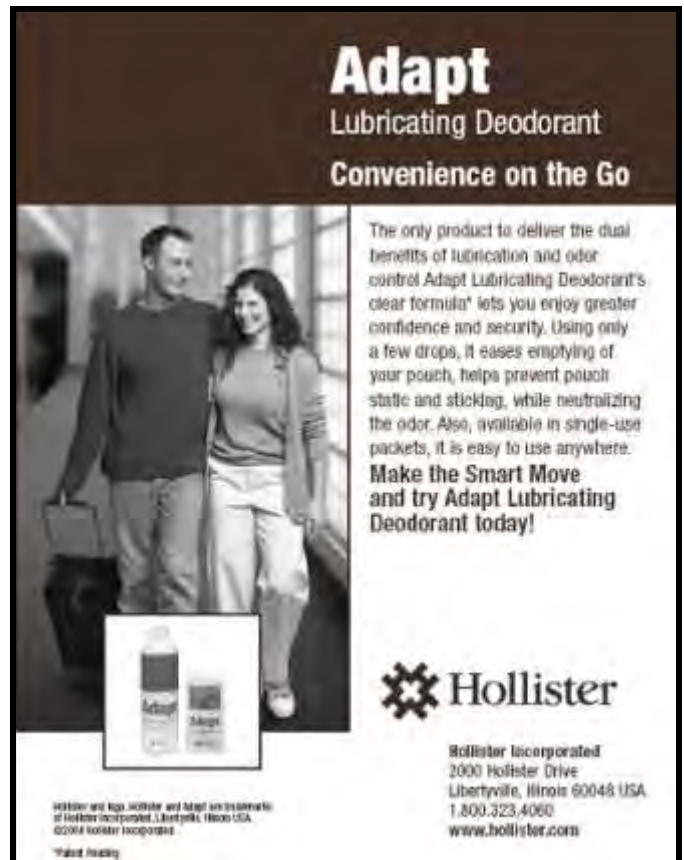
ANNOUNCEMENTS: 1) Lara Leininger, WOCN, reviewed information for the ostomy 5K Race to be held on Ostomy Awareness Day, Sat. October 7th. Proceeds will benefit UOAA. 2) TAOA received a letter of appreciation from FOW for supplies shipped in July & August. 3) PAYLESS MEDICAL has placed a new AD in our Newsletter. The company is now available locally so members may want to place an order for ostomy supplies. 4) Our appreciation goes to Joanna Burgess (Western Wake), Jane Fellows (Duke), Lara Leininger (UNC) and Teri Ourada (Rex). These WOC Nurses volunteered to lead our discussion groups this evening. 3) Our November program will be presented by Leanne Richbourg, WOCN at Duke. She will discuss new and improved ostomy accessories. Be sure to join us for the latest fashions. 4) A volunteer is needed to furnish refreshments for our meeting on January 2, 2018. Please notify Ruth Rhodes if you can provide a simple snack and beverages for that evening. Refreshment volunteers are also needed for March 6th and June 5th, 2018. TAOA appreciates the assistance of all volunteers

PROGRAM: Attendees were divided into three groups according to their type of ostomy. A WOC Nurse led each group in private discussions. Participants benefited from the opportunity to address individual needs and compare experiences. Thank you to our WOC Nurse leaders.

ADJOURNMENT: The meeting adjourned at 8:35 P.M. Our next meeting will be November 7th at 7:15 P.M. Refreshments will be provided by Dan Richards.

Respectfully submitted,
Ruth Rhodes, Sec./Treas.

Respectfully submitted,
Ruth Rhodes,



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TAOA MINUTES, SEPTEMBER 5, 2017

SOCIAL: Delicious refreshments were provided by Mr. Ben Pinault, Territory Sales Manager for Payless Medical. Thank you, Ben, for furnishing the enjoyable snacks and beverages.

MEETING: Attendance was 20 including 2 new members. President, Dan Richards welcomed everyone to begin our new year, September-June 2018.

ANNOUNCEMENTS: 1) Our annual Ostomy 5K race will take place in Durham on Ostomy Awareness Day, Saturday October 7th at 8:00 AM. Runners, walkers, volunteer workers and Interested by-standers are encouraged to attend this worthy cause in support of UOAA. The silent auction is an enjoyable addition so plan to donate & purchase for fun. See Detailed info. on our TAOA web site. We are very proud of our local founders of this event, Lara Leininger, WOCN, UNC and Angela Richardson, WOCN, DUKE. Their race has become an international event. 2) Our October meeting will include the favorite “break-out” sessions. WOC Nurses will lead small individual groups of participants with a specific type of ostomy. Personal issues, questions, suggestions and helpful tips can be shared. 3) Volunteers are needed to provide refreshments for our JAN., MARCH & JUNE meetings. Please notify Ruth if you are able to serve. 4) Memberships will expire on Sept 30th if Dues remain unpaid. We regret losing the participation of any member so we hope you will reconsider!

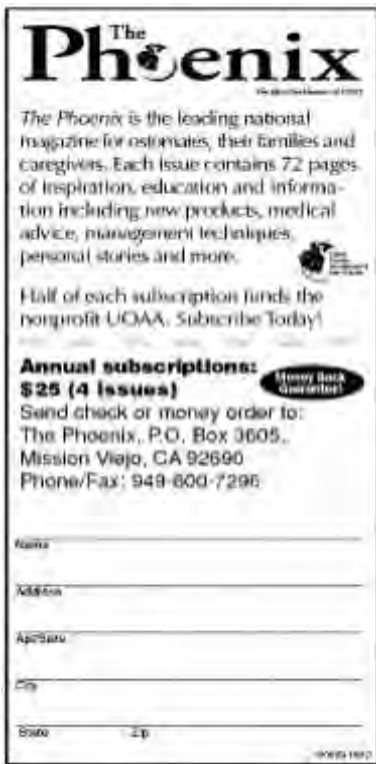
PROGRAM: Our President, Dan Richards, received a Sandy McBride Scholarship from UOAA which enabled him to attend the UOAA National Conference in L. A. in Aug. His exciting learning experiences were the subject of our program. Additional program contributors were other attendees, WOCN’s Lara Leininger and Joanna Burgess and member, Dani Osewalt.

Preparations are already being made for the next Convention in Philadelphia in 2020.

ADJOURNMENT: This meeting adjourned at 8:30 P.M.

Our next meeting will be Oct. 3rd at 7:15 P.M. Thanks to Dani Osewalt and Ginny Evett who volunteered to provide refreshments for the evening.

Respectfully submitted,
Ruth Rhodes, Sec./Treas.



The Phoenix
The Phoenix is the leading national magazine for ostomates, their families and caregivers. Each issue contains 72 pages of inspiration, education and information including new products, medical advice, management techniques, personal stories and more.

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TAOA MEMBERSHIP FORM

Please print legibly Date: _____

Name: _____

Address: _____

Spouse: _____

Phone (Home): _____ (Cell): _____

Email: _____

Newsletter () Email () US Mail Birthday: Month: ___ Day: ___

Type of Ostomy: [] Colostomy [] Ileostomy [] Urostomy (Ileal conduit) [] Other Type: _____

[] No ostomy/Supporting Member [] Relative [] Friend [] Other

Payment of dues enclosed: \$20 [] CASH [] CHECK [] M.O.
[] I request Courtesy Membership. I cannot pay dues at this time.

(Information is Confidential)

MAIL COMPLETED FORM WITH PAYMENT OF DUES TO:
Ruth Rhodes, Treasurer
8703 Cypress Club Drive, Raleigh, N.C. 27615

8703 Cypress Club Drive
Raleigh, NC 27615



OUR THANKS TO



FOR PROVIDING THE PRINTING OF
THIS NEWSLETTER

NEXT MEETING: Tuesday, November 7, 2017 at 7:15 pm, Rex Hospital
PROGRAM: Ostomy Accessories!
Hosted by: Leanne Richbourg, WOCN

